



Connect Claude with Super Carl to search a LinkedIn-sized people dataset.

6 STEPS

~10 MINUTES

REQUIRES: CLAUDE CO-WORK + SUPER CARL ACCOUNT

Super Carl has *an entirely new dataset*.

1B+

Profiles indexed

50M+

Companies tracked

75M+

Profile updates / week

10M+

Job-posting updates / month

Enriched with real-time intent signals and your own networks —
LinkedIn, Calendar, Gmail and beyond — for ultimate reachability.

— SETUP · STEP-BY-STEP

Follow these six steps in order.

Do steps 1–3 on Super Carl, then steps 4–6 inside Claude Co-Work.

PART A · ON SUPERCARL.AI

01 Create your Super Carl account

Super Carl is invite-only. Open the invite link in your browser and sign up.

Invite link: supercarl.ai/join/benkeighran

YOU'LL NEED

A work email and a LinkedIn profile. The invite link above waives the normal waitlist.

02 Connect your LinkedIn

Once signed in, open the main menu and go to **Integrations**, then connect LinkedIn from there. This is what gives Claude access to your 1st- and 2nd-degree network, mutual connections, and warm-intro paths.

WHY

Without LinkedIn connected, searches still work but won't surface mutual connectors or proximity scores.

03 Buy an API / MCP key

In the Super Carl app, open **Integrations**, scroll down to the **API / MCP** section, and purchase a key. Copy it — you'll paste it into Claude in step 6.

PATH

supercarl.ai > Integrations > API / MCP

PART B · IN CLAUDE CO-WORK

04 Open Claude's network egress settings

In Claude Co-Work, open **Settings** and navigate to the network egress page. You'll add Super Carl's domains to the allow-list so Claude's sandbox can reach them.

EXACT PATH

Settings > Capabilities > Code execution > Network egress > Additional allowed domains

05 Add both Super Carl domains

In the **Additional allowed domains** field, add both of these and save:

PASTE THESE

supercarl.ai api.supercarl.ai

06 Open a new task, paste the docs, hand Claude your key

Claude can't browse the web, so you need to paste the docs text in for it. Open supercarl.ai/docs, select all, copy, and paste the full text into a new Claude task.

Then, below the docs, tell Claude: *"I want to give you my key and then you search Super Carl."* Claude will reply "go ahead" — paste your API key and start searching.

HEADS UP

Keep the docs + key in the same thread. You only need to do this once per task — follow-up searches in the same conversation work as normal.

COPY / PASTE INTO CLAUDE

1. Paste the full text of supercarl.ai/docs above this line ↑

I want to give you my Super Carl API key,

and then you search Super Carl for me.

2. Claude will say "go ahead" – paste your key next.

3. Then make your real request, e.g.:

> Find me Head of Growth candidates in NYC,

> warm through my network, with recent posts about hiring.

Want a live walkthrough?

Book 20 minutes with Super Carl founder Ben Keighran and he'll get you set up end-to-end, live.

BOOK WITH BEN KEIGHRAN

supercarl.ai/schedule/benkeighran



SUPER CARL • YOUR AI SUPER CONNECTOR

CLAUDE × SUPER CARL • SETUP GUIDE